



BHANGRA

Whole plant

The drug *Bhangra* consists of whole plant of *Eclipta prostrata* (L.) L. (Asteraceae); a herbaceous annual, 30-50 cm high, erect or prostrate, much branched, strigosely hirsute, often rooting at nodes, a common weed of moist places found throughout India ascending upto 1700 m

- **Temperament:** Hot and Dry
- **Action(s):** Blood purifier (Musaffi-e-Khoon), Aphrodisiac (Muqawwi-e-Bah), Eye tonic (Muqawwi-e-Basar), Carminative (Kasir-e-Riyah), Resolvent (Mohallil), Hair cleanser (Musaffi-e-Shar)
- **Therapeutic Use(s):** Sexual debility (Zof-e-Bah), Hepatomegaly (Izm-e-Kabid), Splenomegaly (Izm-e-Tehal)
- **Dose:** 5-7 g.
- **Important Formulation(s):** Majoon Bhangra