



BEHMAN SURKH

Root

The drug *Behman Surkh* consists of dried roots of *Salvia haematodes* L. (Lamiaceae); shrub, distributed in the Mediterranean region; roots are imported into India.

- **Temperament:** Hot 30, Dry 30
- **Action(s):** Cardiotonic (Muqawwi-e-Qalb), Exhilarant (Mufarreh), Aphrodisiac (Mubahhi), Inspissant (Mughalliz).
- **Therapeutic Use(s):** Palpitation (Khafaqan), Cardiac insufficiency (Zof-e-Qalb), Sexual debility (Zof-e-Bah)
- **Dose:** 3-5 g.
- **Important Formulation(s):** Habb-e-Jadwar, Majoon Chobchini, Dawaul Misk Motadil, Khamira Gaozaban Luboob-e- Kabeer