



BAIKH KHATMI

Root

The drug *Baikh-e-Khatmi* consists of the root of *Althaea officinalis* L. (Malvaceae); a perennial, uniformly downy herb, occurring in Kashmir region

- **Temperament:** Cold, Moist
- **Action(s):** Lubricating agent for intestine (Muzliq-e-Ama), Soothing agent (Musakkin), Resolvent (Mohallil)
- **Therapeutic Use(s):** Inflammation of intestine(Waram-e-Ama), Intestinal obstruction(Sudda-e-Ama), Dysentery(Zaheer), Bilious Diarrhoea(Ishaal Safravi)
- **Dose:** 5-7 g.
- **Important Formulation(s):** Laooq Sapistan, Sharbat Ejaz, Laooq Nazli