



ATEES SHIREEN

Root

The drug *Atees* consists of dried, tuberous roots of *Aconitum heterophyllum* Wall. ex Royle (Ranunculaceae); a drug yielding plant is a perennial herb, native of western Himalayas and found in Garhwal, Kumaon and Kashmir at altitude between 2500-4000m

- **Temperament:** Hot & Dry 20
- **Action(s):** Antipyretic (Dafi-e-Humma), Astringent (Qabiz), Haemostyptic (Habis-ud-Dam), Stomachic (Muqawwi-e-Meda), Nervine stimulant (Moharrik-e-Asab).
- **Therapeutic Use(s):** Gastric debility (Zof-e-Meda), Vomiting (Qai), Diarrhoea (Ishal), Chronic dysentery (Zaheer Muzmin).
- **Dose:** 2 to 3g.
- **Important Formulation(s):** Majoon-e-Joqraj Gugal.