



## ASL-US-SOOS

### Root

The drug *Asl-ul-Soos* consists of dried, unpeeled, stolon and root of *Glycyrrhiza glabra* L. (Fabaceae); a drug yielding plant is a tall perennial herb, upto 2 m high found cultivated in Europe, Persia, Afghanistan and to little extent in some parts of India.

- **Temperament:** Hot & Dry 3?
- **Action(s):** Concoctive (Munzij), Nervine tonic (Muqawwi-e-Asab), Resolvent of swelling/Anti-inflammatory (Mohallil-e-Waram), Expectorant (Munaffis-e-Balgham), Carminative (Kasir-e-Riyah), Diuretic (Mudirr-e-Baul), Emmenagogue (Muddirr-e-Haiz)
- **Therapeutic Use(s):** Cough (Sual), Feeling of roughness in throat (Khushunat-e-Halq), Acute hoarseness (Bohat-us-Saut Haad), Bronchial asthma (Zeeq-un- Nafas), Burning micturition (Hurqat-ul-Baul)
- **Dose:** 3 to 7g.
- **Important Formulation(s):** Habb-e-Ghariqoon, Habb-e-Surfa, Habb-e-Surfa Qawi, Qurs-e-Zarishk, Dayaqooza, Lauq-e-Hulba, Lauq-e-Khiyar Shambar, Lauq-e-Nazli, Lauq-e-Sapistan Lauq-e-Shamoon, Lauq-e-Zeequn-Nafas, Majoon-e-Mundi, Qairooti-e-Aarad-e-Karsana, Raughan-e-Sanan, Sharbat-e-Sadr.