



ARJUN

Stem bark

The drug *Arjun* consists of the stem bark of *Terminalia arjuna* (Roxb.ex DC.)Wt. & Arn. (Combretaceae); a large deciduous tree, commonly found throughout the greater parts of the country.

- **Temperament:** Hot and Dry
- **Action(s):** Astringent (Qabiz), Agent decreasing blood viscosity (Muraqqiq-e-Dam), Antipyretic (Dafi-e-Humma)
- **Therapeutic Use(s):** Cardiac insufficiency(Zof-e-Qalb), Palpitation(Khafaqan), Carditis (Waram-e-Qalb), Abnormality of blood(Fasad-e-Dam), Diarrhoea(Ishal), Dysentery(Sangrahani), Chronic fevers(Hummiyat Muzmina)
- **Dose:** 3-5 g.
- **Important Formulation(s):** Not Available