



## ANKOL

### Leaf

The drug *Ankol* consists of dried leaf of *Alangium salviifolium* (L. f.) Wang. (Alangiaceae); a small tree found over the plains and foothills throughout India

- **Temperament:** Hot 20 and Moist 20
- **Action(s):** Beneficial for disorders related with phlegm (Nafi-e-Amraz-e-Balgham), Resolvent of swelling/Anti-inflammatory (Mohallil-e-Waram)
- **Therapeutic Use(s):** Polyarthrititis(Waja-ul-Mafasil), Gout(Niqris), Sciatica(Irq-un- Nasa)
- **Dose:** 5 g. as Joshanda (Decoction)
- **Important Formulation(s):** Not Available