



## ANISOON

### Fruit

The drug *Anisoon* consists of dried fruits of *Pimpinella anisum* L. (Apiaceae); it is widely cultivated in Southern and Central Europe and North Africa. It is grown in India to a small extent. The plant occurs during September to March. Flowering and fruiting takes place during January to March.

- **Temperament:** Hot 3° Dry 3°
- **Action(s):** Carminative (Kasir-e-Riyah), Analgesic (Musakkin-e-Auja), Expectorant (Munaffis-e-Balgham), Diuretic (Mudirr-e-Baul), Emmenagogue (Mudirr-e-Haiz), Deobstruent (Mufatteh), Detergent (Jali), Calming agent (Musakkin), Renal tonic (Muqawwi-e-Kulya), Aphrodisiac (Muqawwi-e-Bah).
- **Therapeutic Use(s):** Bronchial asthma(Zeeq-un-Nafas), Flatulence (Nafkh-e-Shikam), Gastralgia(Waja-ul-Meda), Otagia(Waja-ul-Uzn)
- **Dose:** 2 – 5g.
- **Important Formulation(s):** Habb-e-Iyarij, Itrifal-Ghudadi, Jawarish-e-Narmushk, Jawarish-e-Shahreyaran, Majoon-e- Antaki, Majoon-e-Hajr-ul-yahood, Majoon-e-Jalali, Majoon-e-.lalinoos Lului, Sulbof-e-Moya.