



## AFTIMOON

### Whole Plant

The drug *Aftimoon* consists of dried stem and fruits of *Cuscuta reflexa* Roxb. (Convolvulaceae); a total parasite, common throughout India in plains and growing abundantly during rainy season on various host plants.

- **Temperament:** Hot 2°, Dry 2°
- **Action(s):** Purgative of black bile (Mushil-e-Sauda), Purgative of Phlegm (Mushil-e-Balgham), Blood purifier (Musaffi-e-Dam), (Muhallil-e-Waram), Deobstruent (Mufatteh-e-Sudad), Emmenagogue (Mudirr-e-Haiz), Diuretic (Mudirr-e-Baul)
- **Therapeutic Use(s):** Inflammation of spleen (Waram-e-Tehal), Melancholia (Malikholia), Nightmare (Kaboos), Insanity (Junoos), Hepatic debility (Zof-e-Kabid), Inflammation of liver (Waram-e-Kabid)
- **Dose:** 3-5 g.
- **Important Formulation(s):** Sharbat Dinar, Itrifal Aftimoon