



AAK

Leaf

The drug Aak (Madar) consists of dried leaves of *Calotropis procera* (Ait.) R. Br. (Asclepiadaceae); a drug yielding plant is found wild more or less throughout India.

- **Temperament:** Hot & Dry 4?
- **Action(s):** Resolvent of swelling/Anti-inflammatory (Mohallil-e-Waram), Expectorant (Munaffis-e-Balgham), Digestive (Hazim), Detergent (Jali), Vermicide (Qatil-e-Deedan-e-Ama)
- **Therapeutic Use(s):** Bronchial asthma (Zeeq-un-Nafas), Polyarthrititis (Waja-ul-Mafasil), Piles/Haemorrhoid (Bawaseer), Dysentery (Zaheer), Spermatorrhoea (Jiryan), Worm infestation (Deedan-e-Ama)
- **Dose:** External Use
- **Important Formulation(s):** Raughan-e-Haft Barg, Raughan-e-Chahar Barg